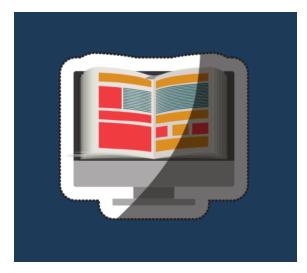


REMOTE LEARNING TIPS

As many classes have now moved online, review the tips below to ensure that your remote learning is a success. **<u>Click here</u>** for the entire AthLife article.

- Review your syllabus and write down all assignments in your calendar or planner and set reminders.
- Be proactive and reach out to your instructors/professors ahead of time with any questions about an assignment.
- Use time-blocking to allocate specific time to complete one item, which helps remove distractions and increase productivity.
- Make sure that you have the proper resources and skills to succeed in online learning.

GOOD READS



- Best Tips for Back to School Success
- 21 Study Tips for Online Classes Success
- <u>Feeling Stuck? Five Tips for Managing</u> <u>Life Transitions</u>
- <u>8 Interview Questions About Diversity</u> and Inclusion Every Job Seeker Should <u>Be Able to Answer</u>
- Everything You Need to Vote