NOV/DEC 2020





Professional Development Tips

November is National Career Development Month. Career development, also known as professional development, is the process of choosing a career, your skills, improving and advancing along a career path. Do you have a plan for your professional development? Learn more in our Best of AthLife Career Development Tips article and in 5 Tips to Improve Your Career <u>Development</u> or schedule a call with your <u>AthLife Advisor</u>to discuss.

Good Reads



- The Side Hustle
- <u>Seasonal Work: What It Is and</u> <u>How To Find a Seasonal Job</u>
- <u>The Best Tips for Reading</u> <u>Textbooks in College</u>
- <u>How to Make the Best</u>
 <u>Decision About Continuing</u>
 <u>Your Education</u>
- <u>Wondering How You'll Get</u>
 <u>Through a Pandemic Winter?</u>
 <u>Try These 9 Tips to Stay</u>
 <u>Connected and Motivated</u>
- <u>Gratitude: It's Always the</u> <u>Right Season to Say Thank</u> <u>You</u>