FEBRUARY 2021



"We all have dreams. In order to make dreams come into reality, it takes an awful lot of determination, dedication, self-discipline and effort."—Jesse Owens

Quick Info

SCHOLARSHIP APPLICATION DATES

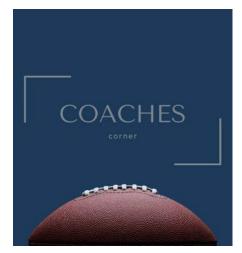
February 15 - March 12

ADVISOR APPOINTMENTS

<u>Click here</u>

The Trust Scholarship

- The Trust Scholarship application period is now open until March 12th. During this application period, you can apply for Summer 2021 and Fall 2021 terms. <u>Contact</u> your AthLife Advisor asap to get started on the process.
- For tuition payment, please send your tuition invoice by the start of the term, including your student ID and institution's accounting office mailing address. to Madison Bryson at madison.bryson@playerstrust.com. Invoices must be submitted for payment prior to the end of the current term.



It's one thing to know what to do and it's another thing to take action. We all know that **NETWORKING** is important and you need to **BE READY** when a coaching opportunity presents itself. But what inspires you to TAKE ACTION? Below are some resources from the AthLife Archives to help you get started.

- <u>A Coaching Resume: Is Yours Ready?</u>
- <u>Building Your Coaching Network</u>
- Are You Ready to "Tell Me About Yourself"?

Please let us know how we can help you meet your professional development goals in 2021.

Good Reads

This month, we are excited to highlight **Jordan Babineaux's** new book titled <u>Pivot to Win:</u> <u>Make the Big Plays in Life, Sports and Business.</u> In this book, former NFL player Babineaux will provide insights and inspiration on dealing with change including:

- How to cultivate the mentality and determination needed to pivot successfully
- Why pivots are hard and what tools you need to persevere
- Why having a Pivot to Win Playbook is critical for anyone who desires greatness

Congratulations Jordan on your new book! We are looking for other books to highlight as part of Good Reads. Please l**et us know if** you have written a book or have a favorite one to share.



Are you looking for an opportunity to **pay it forward**? Are you looking for opportunities to practice your **public speaking skills**? <u>The AthLife Foundation's</u> national network of high schools, serving kids from our nation's most challenging yet promising communities, is looking for volunteers to **drop-in on virtual high school classes**, sports team meetings, and study halls. The purpose of the drop-in (15-20 minutes) would be to lift spirits, show support, and share knowledge on various subjects (life & leadership skills, character development, mental health and wellness, career, physical fitness, athletic training tips, etc.). For more information, contact Matt Darby at matt@athlife.com.

FEBRUARY 2021



AthLife Star





RJ STANFORD - ATHLIFE STAR



AthLife is pleased to welcome **Corey Nelson** as our NFL Extern through the 2021 NFLPA Externship program. Corey graduated from the University of Oklahoma and was drafted by the NFL in 2014. Corey will join the AthLife team for three weeks starting on February 15th. He will have the opportunity to interact with staff and learn about our education and career advising process with former NFL players, as well as plan and execute a special project for AthLife.

Externships are a great way to get professional experience and gain new skills. Don't underestimate the value of experience gained through an externship or internship, or even through a volunteer opportunity. These types of experiences are invaluable and a good addition to your resume. Learn more in <u>How to Get Experience in a New Field</u> <u>Without Starting at the Bottom.</u>

