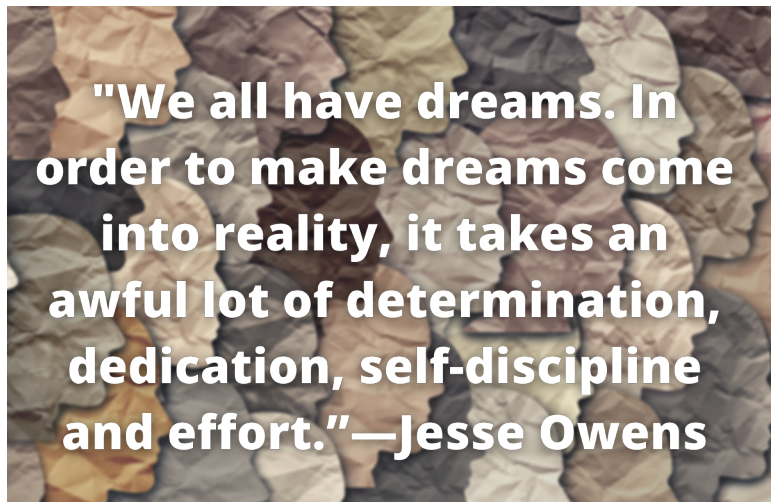


ATHLIFE

AthLife Extern



AthLife is pleased to welcome **Corey Nelson** as our NFL Extern through the 2021 NFLPA Externship program. Corey graduated from the University of Oklahoma and was drafted by the NFL in 2014. Corey will join the AthLife team for three weeks starting on February 15th. He will have the opportunity to interact with staff and learn about our education and career advising process with our clients, as well as plan and execute a special project for AthLife.



Externships are a great way to get professional experience and gain new skills. Don't underestimate the value of experience gained through an externship or internship, or even through a volunteer opportunity. These types of experiences are invaluable and a good addition to your resume. Learn more in [How to Get Experience in a New Field Without Starting at the Bottom](#).

Good Reads >>>>>>

This month, we are excited to highlight **Jordan Babineaux's** new book titled [Pivot to Win: Make the Big Plays in Life, Sports and Business](#). In this book, former NFL player, Babineaux will provide insights and inspiration on dealing with change including:

- How to cultivate the mentality and determination needed to pivot successfully
- Why pivots are hard and what tools you need to persevere
- Why having a Pivot to Win Playbook is critical for anyone who desires greatness

Congratulations Jordan on your new book! We are looking for other books to highlight as part of Good Reads. Please **let us know if** you have written a book or have a favorite one to share.

