

ATHLIFE



We must always change,
renew, rejuvenate
ourselves; otherwise, we
harden.

- Johann Wolfgang von Goethe

5 Tips to Spring Clean Your Career

Take some time to freshen up your career with these professional development tips.

1. **Prioritize Your Workday** - Use the technique of time blocking to schedule blocks of time on your calendar for specific work projects and increased productivity.
2. **Update Your Resume** - Updating your resume at least once a year will help keep track of your work responsibilities, accomplishments, and new skills or training.
3. **Enhance Your LinkedIn Profile** - Use LinkedIn effectively to network, build your brand, gain industry information, and job search.
4. **Increase Your Professional Development** - Think about ways to improve your professional development to continue to learn, grow, and move forward.
5. **Expand Your Network** - Growing your network can be easier than you think and is a key factor in your success.

For more information, click [here](#) to read the entire article from our AthLife Archives.



Coaching & Scouting Fellowships Coming Up

Interested in getting some NFL coaching or scouting experience? Fellowship applications are now open.

NFL Bill Walsh Diversity Coaching Fellowship - Celebrating 30+ years, this program is designed to help coaches gain exposure to NFL training camps and off-season workout programs. The application period opened on March 8th and positions are awarded by individual teams on a rolling basis, **so apply as early as possible**. Please have your resume, personal statement, and any letters of recommendation ready to go. Click here for more information and direct any questions to NFLBillWalshDiversity@nfl.com.

Nunn-Wooten Scouting Fellowship - Created by the NFL in January 2015, this program exposes interested former players to a career in professional scouting. The program will give participants a unique glimpse into player personnel by introducing them to various areas related to college and pro scouting. The application period opened on March 8th, so apply now. Click here for more information and direct any questions to NunnWootenScouting@NFL.com.



Download the **Trust powered by the NFLPA** App for coaching info and to connect with others! The Trust Mobile App is an exclusive community built for former players to network and collaborate with each other around shared interests, enjoy content curated specifically for players to engage with their peers about, and provides a place to catch up with your NFL brothers while having all the information about The Trust, our services, and the contact information of your Program Manager at your fingertips.

Trust Scholarship Reminders

- The next Trust Scholarship application period will open in June for Fall 2021 term enrollment. Get started now by contacting your AthLife Advisor for more information.
- **Don't forget** to send your Spring 2021 tuition invoice for payment to Madison Bryson at madison.bryson@playerstrust.com. Please include your student ID and institution's accounting office mailing address; invoices **must** be submitted for payment prior to the end of the current term.



AthLife Star



Congratulations to **David Fales**! David recently started a new job with ZOOM as a Business Development Representative. David worked with his AthLife Advisor Tracy on networking strategies and career exploration using informational interviews, which he credits in helping him obtain his new position.



DAVID FALES
ATHLIFE STAR



Good Reads [& Listens]

This month, we are excited to highlight **2 Pro's and a Joe**, a podcast hosted by former NFL players Greg Camarillo and Marcus McNeill along with Skraby, a lifelong football fan. This NFL podcast brings three different perspectives on the latest news in the NFL. Join 2 Pro's and a Joe to hear the game broken down by guys who have played it, and a guy who is a lifelong fan! Check out **&2prosandajoe** on Spotify, Apple Podcasts, Google Podcasts, Facebook, Twitter, and Instagram. Congratulations, guys, on the podcast! Please let us know if you have something to share for our Good Reads section.



New AthLife Advisor



A very warm welcome to **Connor Golden-Sims** - the newest AthLife Advisor!

Prior to joining AthLife, Connor served as an academic counselor at the University of Louisville and The University of Southern Mississippi. He is a graduate of Ohio University and Georgia State University. Welcome to the team Connor!

