

ATHLIFE



Trust Scholarship News

- The next Trust Scholarship application period will take place this Fall, closing October 22 and will cover 2022 enrollment starting with **January 2022**. If you're pursuing a degree, you will need to be accepted or applied for admissions to your education program in order to apply for the scholarship. Schedule an appointment now with your **AthLife Advisor** for more information and to get started on the process.
- If you applied for the Trust Scholarship during the past Summer period, awards are scheduled for Friday, July 30th via email.
- For **tuition payment**, please send your tuition invoice by the start of the term, including your student ID and institution's accounting office mailing address, to Madison Bryson at madison.bryson@playerstrust.com. Invoices **must** be submitted for payment prior to the end of the current term.

3 Steps to Graduate School

The following three steps will help you learn more about your education and career goals and determine if a graduate degree is the right decision.

1. **Know Your Why** - Explore your interest in pursuing a graduate degree and how it will affect your career and life.
2. **Know Your Goals** - Explore your career goals and important job factors to see how a graduate degree will help you.
3. **Know Your Industry** - Explore your career industry to determine if a graduate degree fits with your career goals.

Click [here](#) for more information, including action items, and contact your AthLife Advisor if you would like to work together on any of the three steps.



- Wow – we are approaching the halfway point of 2021! Time to assess where you are at regarding your personal and professional goals. Similar to in-game adjustments when we were playing, we need to continue to do what's working and change the things that are not working. Here is an article from the AthLife archives reminding us of some keys to achieving our goals - [**Persistence and Success: Keys to Achieving Personal Goals.**](#)
- **NFL Foundation Grants** - Click [here](#) for information on grants available to current and former players, including youth & high school football grants, coaching grants, and social justice grants. Any questions, please contact the [**NFL Foundation.**](#)



Time Management Tips

Do you have trouble making productive use of your time without feeling overwhelmed? Good time management skills will help you work smarter, not harder, and get more done in less time. Read our new [**AthLife Info Sheet**](#) for some time management tips to help you be more efficient in your personal life as well as your career. One tip is to utilize an online calendar, which can be a game changer!



AthLife Star



Congratulations to Aaron Burbridge! He recently completed his Bachelor's degree in Social Science from Michigan State University with the help of the Trust Scholarship!



Good Reads

- [How to Improve Your Problem-Solving Skills](#)
- [How to Complete Your Homework in College](#)
- [How Constructive Criticism and Compliments Aid in Growth](#)
- [Job Titles and Your Job Search 101](#)

Author Spotlight

Congratulations to Dr. Chas Fox on the release of his book, **How to Turn Your Idea Into a Successful Product**. Dr. Chas Fox, a former NFL player, is the CEO of Micro-Mark and has introduced over 1000 successful products in his career. His new book provides insight into how to succeed with your new product today, including a guide and options to consider to take that idea to fruition.

