

AthLife



Trust Scholarship News

- The Fall Trust Scholarship application period will cover 2022 enrollment and closes on October 22nd. Schedule an appointment now with your **AthLife Advisor** for more information on deadlines and to get started on the process.
- Don't forget to send your tuition invoice, including student ID and institution's finance office mailing address, to Madison Bryson (madison.bryson@playerstrust.com) before the end of the current term.
- Is it time to celebrate? Please update your AthLife Advisor if you completed your program this summer so that you can receive your special gift from The Trust!

Please read the graphic below to determine if you need to apply in P3.





DO I NEED TO APPLY FOR THE TRUST SCHOLARSHIP DURING PERIOD 3 2021?

NO

You will not need to re-apply if the bullet point below applies to you:

I was awarded The Trust Scholarship for enrollment during 2021 AND I have submitted an invoice (used my 2021 Trust scholarship award) since January 2021 and will continue in the same Undergraduate or Graduate degree program in 2022.

YES

You will need to apply if any of the bullet points below apply to you:

I have never been awarded The Trust Scholarship and am seeking funding for enrollment in 2022.

I have previously been awarded The Trust Scholarship but will be starting a NEW program or taking transfer classes at a new school.

I've previously been awarded The Trust Scholarship for a vocational/certification program, and will be continuing in the same program in 2022.

I've previously been awarded The Trust Scholarship for my Undergraduate or Graduate degree, however, I did not submit an invoice in 2021, and I am seeking funding during 2022.

Online Learning Tips

Are you taking courses online or is a part of your course online? If so, review the tips below to ensure that your remote learning is a success. [Click here](#) for the entire AthLife article.

- Review your syllabus and write down all assignments in your calendar or planner.
- Be proactive and contact your teachers with any questions about an assignment.
- Use time-blocking to allocate specific time for assignments or study time.
- Make sure that you have the resources and skills needed for online learning.

Study Tips from Lamont Burns



Lamont Burns

Lamont uses a separate calendar for graduate school. To stay organized, he highlights with different colors, his assignments, required reading, projects, and exams. Lamont also schedules three hours of daily study time on his calendar. Lamont is enrolled in a Master's in Sports Management program at Adelphi University in Garden City, New York.



AthLife Star



Congratulations to Jarrod Baxter! Jarrod recently completed his Master of Arts in Educational Leadership from the University of Texas, Permian Basin, with the help of the Trust Scholarship. Jarrod is the Assistant Head Football Coach, Offensive Coordinator, and Offensive Line Coach at Westside High School in Houston, Texas, with over 12 years of coaching experience.



Jarrod Baxter

Good Reads



- [21 Study Tips for Online Classes Success](#)
- [How to Decode a Class Syllabus](#)
- [The Importance of Getting to Know Your Professors](#)
- [Making the Best Decision for Your Career](#)
- [Taking Values-Based Decision Making, and Your Career to the Next Level](#)



In-Season Networking

Football season is here! Many coaches struggle to establish new connections during the Fall season. An alternative to getting new connections during this time is to deepen the connections that you already have. Make sure the members of your network really know who you are and where you want to be. Take a look at some helpful tips for in-season networking in our AthLife article, [Coaches Guide to Networking during Football Season](#).

Discover Your "Why"

Your “Why” is what drives you to achieve your goal. It will motivate you when obstacles arise. It will help you understand your behavior and put words to your feeling of excitement when making progress towards your goal. The following five questions will help you discover your “Why” to help you reach your goal.

- What is inspiring you to take action towards your goal?
- How will your life be different after you achieve your goal?
- What makes you excited to do the work it will take to achieve this goal?
- What are the consequences of not achieving this goal?
- Why will you be successful in achieving this goal?

For more information on finding your “Why”, check out these YouTube videos by Simon Sinek: [How to Find a Why](#) and [A QUICK Way to Find Your WHY](#).

