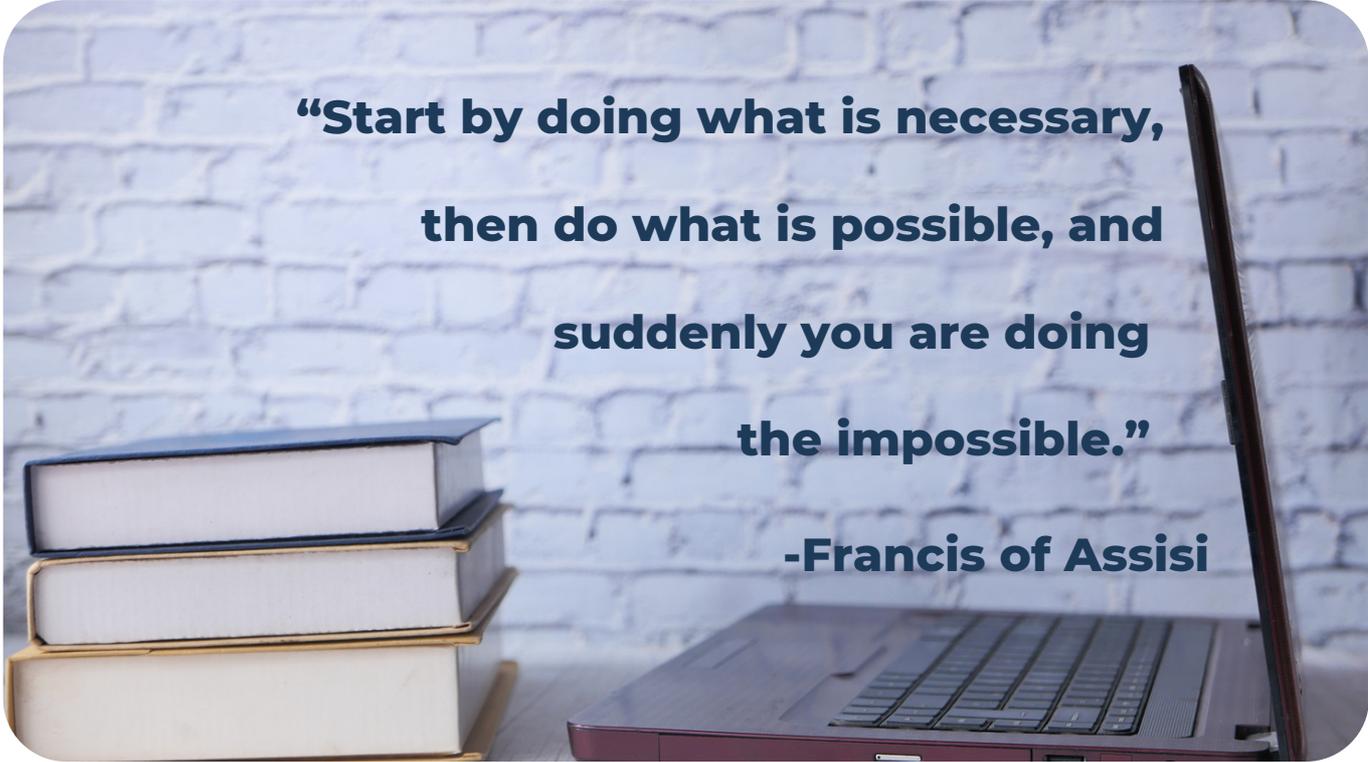


# ATHLIFE



**“Start by doing what is necessary,  
then do what is possible, and  
suddenly you are doing  
the impossible.”**

**-Francis of Assisi**

## Trust Scholarship News

- The Fall Trust Scholarship application period opens in **September** and will cover 2023 enrollment starting with **January 2023**. Schedule an appointment now with your [AthLife Advisor](#) to get started on the process.
- Re-applicants in degree-seeking programs who have utilized their 2022 scholarship award will be automatically renewed for 2023 **for the same degree-seeking education program only**. Any questions, please schedule a call with your [AthLife Advisor](#).
- Don't forget to send your tuition invoice, including student ID and institution's finance office mailing address, to Madison Bryson ([madison.bryson@playerstrust.com](mailto:madison.bryson@playerstrust.com)). Invoices **must** be submitted **prior** to the completion of the term for which the payment will be made. Please allow up to two weeks for payment.
- Is it time to celebrate? Please update your AthLife Advisor if you completed your program this summer so that you can receive your special gift from The Trust!

## Tips for Back to School Success

Are you returning to school this Fall? Whether you are working on a degree, professional certification, or a vocational program, congratulations on making the decision to continue your education! Keep in mind the following tips for academic success.

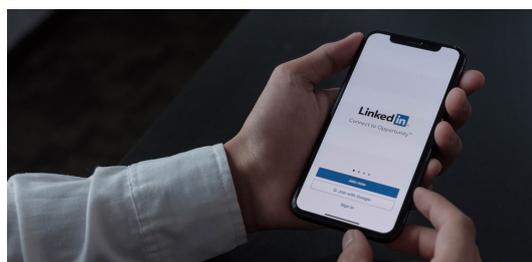
- **Communicate** - Talk to your professors or instructors and make it a point to get to know them from the start.
- **Balance** - Find ways to balance and manage your time between family, work, and school responsibilities.
- **Resources** - Review and utilize the academic resources that your school offers that will set you up for success, such as tutoring, the writing center, or study groups.
- **Budget** - Make a plan for all of your educational expenses and find ways to save money, such as used or rental textbooks.

Click [here](#) to read more tips from our AthLife Fundamentals article.

## Professional Benefits of LinkedIn

Did you know that LinkedIn has more than 800 million users in over 20 countries? LinkedIn is not only an excellent professional tool for networking and job search, but also a great way to promote your personal brand. You can also research companies and join groups for career information and support. [Join LinkedIn](#) today.

Already have a LinkedIn profile? It may be time to update your profile to take advantage of all of the professional benefits that LinkedIn offers. Read [20 Steps to a Better LinkedIn Profile](#) for tips and feel free to contact your [AthLife Advisor](#) for assistance or to review your current LinkedIn profile.



Teams, coaches, and players are beginning preparations for upcoming Fall Football Camps in August and transitioning from the off-season to football season activities. Hopefully, your off-season was productive and meaningful. Ideally, you've grown as a coach and a person.

Make sure to record all of your new contacts and the things you've learned over the past few months. Following up is important so you keep relationships going and knowledge flowing. And remember to update your [coaching resume](#) with all of your relevant achievements from the past year. Contact your [AthLife Advisor](#) if you need assistance.

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## BACK TO SCHOOL

### KNOW YOUR DATES

Class start date, assignment due dates, test dates, quiz dates, etc.



### ASK FOR HELP

If you are stuck with understanding your course material or assignments reach out to your professors to ask for help

### CREATE A DAILY TO-DO LIST

List out all the tasks related to each class such as logging into your class, reading assignments, etc. each day so you can stay on top of your coursework



### STAY AHEAD

Don't wait to the last minute to complete assignments

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## ★ AthLife Star of the Month ★



Congratulations to **Glyn Milburn** who earned his MBA from Indiana University this May with assistance from the Trust Scholarship. Glyn was recently promoted to Director of Middle Market Sales at Ygrene Energy Fund in Petaluma, California after previously holding the position of Senior Director of Governmental Affairs for 20 months. Great work, Glyn!

## Good Reads



- [Five Financial Tips to Save You Money When Going Back to School](#)
- [Questions to Help Find a College Program That is a Best Fit for Adult Students](#)
- [A Coaching Resume: Is Yours Ready?](#)
- [10 Professional Networking Conversation Starters](#)
- [How to Improve Your Problem-Solving Skills](#)

