

ATHLIFE



“Real change, enduring change,
happens one step at a time.”

– Ruth Bader Ginsburg

Ace Your Midterms

Midterm exams are coming up! Ace your midterms by using the study tips listed below.

- **Make a plan** - Prepare a study schedule for each exam and stick to it.
- **Use study guides** - Identify what you need to know for each midterm & quiz yourself.
- **Teach others** - Teach the study concepts to someone to make sure you understand them.
- **Ask for help** - Contact your professor or teaching assistant directly with any questions.

For more information, read [6 Tips for Acing Your Midterms](#).

Job Search Tips

Are you in the market for a new job? Keep in mind that there are several factors to consider and ways to make the job search more efficient. Review the following job search tips and [read more here](#) from our AthLife Fundamentals article.

- **Explore new industries** - Think about your transferable skills and areas of interest.
- **Use technology to your advantage** - Set auto-alerts to notify you of job postings.
- **Expand your network** - Network with others to open the door to job opportunities.
- **Enhance key skills** - Close any professional gaps that could enhance your resume.

Knowledge is Power

Learning how others have done it before you is a very important step in your own journey to success. One of the best and easiest ways to learn is through reading. Did you know that most CEOs read a book a week? Click [here](#) to learn more, including tips for creating reading habits and speed reading techniques.

Not a big reader? Did you know that listening can offer the same benefits as reading? Try some [audio alternatives to reading](#), such as audiobooks, TED talks, podcasts, and documentaries, to learn more about others' career paths to success.



Good Reads

- [Differentiators Can Make the Difference in Your Job Search](#)
- [7 Types of Mentors That Can Help You Thrive in Your Career](#)
- [How to Determine if Graduate School Is the Right Path](#)
- [How to Make the Most of a Day](#)
- [How Active Listening Can Boost Your Career](#)



If you're struggling with procrastination, try making a daily list of what you need to accomplish in order of importance. Ranking your priorities will help you avoid procrastination as well as teach you time management skills. You will be amazed at how much you can accomplish in a day!

