

ATHLIFE

**“Education is the most powerful
weapon which you can use to
change the world.”**

Nelson Mandela



Trust Scholarship News

Application period opens in May! The next Trust Scholarship application period will open in May and will cover Fall 2023 term enrollment. Please schedule a call with your [AthLife Advisor](#) for more information and to get started on the process.

Did you submit your Spring 2023 tuition invoice to the Trust? If you have an active Trust Scholarship award or your scholarship was renewed for 2023, please send your Spring 2023 tuition invoice to scholarship@playerstrust.com before the end of the Spring term.

Calling all Spring graduates! Please notify your AthLife Advisor of your upcoming Spring graduation or education program completion to receive your special gift from the Trust.

★ AthLife Star of The Month ★



Congratulations to **Vick Ballard** who recently earned a Bachelor of Science degree in Mechanical Engineering from the University of Central Florida. Vick utilized the Trust Scholarship to finance this academically challenging program over four years and is now working as an engineer at Lockheed Martin. Vick previously completed a bachelor's degree from Mississippi State and plans to pursue a graduate degree in the near future. Way to go, Vick!

Good Reads



- [Balancing Life, Work, and Graduate School](#)
- [Social Media Spring Cleaning](#)
- [Developing Computer Literacy - Accessible Resources to Increase Your Technology Skills](#)
- [Successful Online Learning Tips](#)
- [Four Tips to Overcome Procrastination](#)

Study Tips to Maximize Your Learning

Did you know that there are ways to help you learn more efficiently and better retain information? Review the study tips listed below to help maximize your learning and succeed in your classes. For more details, [click here](#) to read the entire AthLife Fundamentals article.

- Complete the reading assignment before class.
- Review new information within 24 hours.
- Use flashcards for difficult material.
- Take some time to study every day.
- Practice healthy habits for optimal learning.

Graduate Degree Questions

Before you decide to pursue a graduate degree, take some time to reflect and answer these [three valuable questions](#):

1. What graduate degree do you plan to pursue and why?
2. Will a graduate degree help your career?
3. Are you prepared for graduate school?

Contact your [AthLife Advisor](#) with any questions or if you need assistance.

