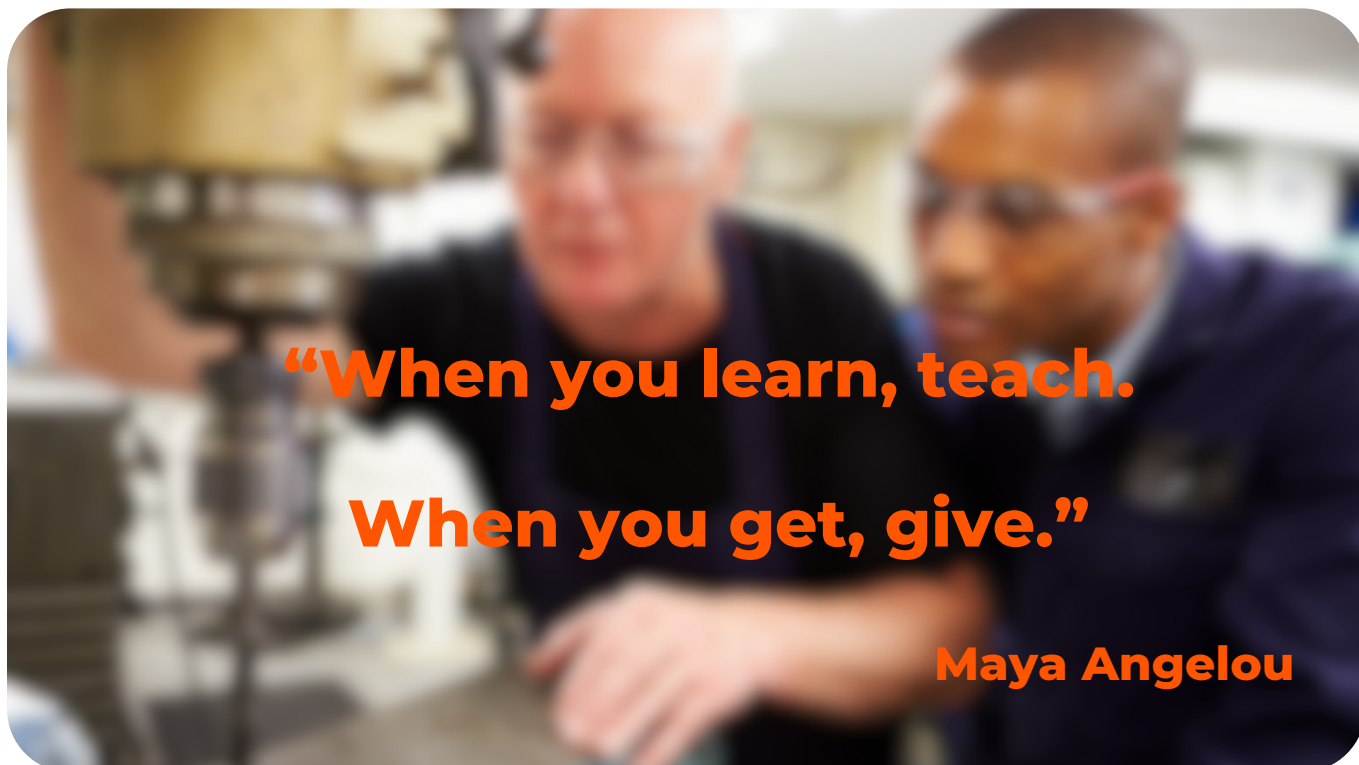


OCTOBER 2023

ATHLIFE

Official Education Advising Partner of The Trust



Trust Scholarship News



Fall Tuition Invoice Instructions

Don't forget to submit your official fall tuition invoice to scholarship@playerstrust.com now or by **December 15, 2023**. Please allow two weeks for the payment to process and contact Madison Bryson at madison.bryson@playerstrust.com with any questions.

2023 Scholarship Award Expiration Date

All 2023 Trust Scholarship awards expire on December 15, 2023. If you have an **active 2023** award that you plan to use for Winter or Spring 2024 coursework, you **MUST** submit your tuition invoice to the Trust at scholarship@playerstrust.com by **December 15, 2023**.

Scholarship Renewal Information

Scholarship awards for those in degree-seeking programs, who have used their 2023 scholarship award, will automatically renew for 2024 for the same degree-seeking education program only. If you have any questions, please schedule a call with your [AthLife Advisor](#).



AthLife Star of The Month



Congratulations to **Eric Pinkins** who recently earned his **Master in Real Estate Development** degree from the University of Arizona. Eric completed his graduate degree over two years with the help of the Trust Scholarship. **Way to go, Eric!**

Ace Your Midterms

Midterm exams are coming up. It can be a stressful time as the results will have a significant impact on your semester grade, so make sure that you are prepared. Ace your midterms by using the study tips below.

- Make a plan - Prepare a study schedule for each exam and stick to it.
- Use study guides - Identify what you need to know for each midterm & quiz yourself.
- Teach others - Teach the study concepts to someone to make sure you understand them.
- Ask for help - Contact your professor or teaching assistant with questions.

For more information, read [**6 Tips for Acing Your Midterms.**](#)

Tips for Reading College Textbooks

Do you struggle with reading your college textbooks? Textbooks are full of detail and reading them is often a tedious and overwhelming task. Follow the **reading strategies** below to help make it more manageable and for maximum learning.

- Preview the chapter beforehand to get an overall idea of the chapter.
- Create questions from the chapter headings and subheadings.
- Take notes as you are reading to answer the questions you created.
- Break down your reading assignment into small manageable chunks.
- Write a quick summary of the chapter that you just read.

[Click here](#) for more details from our AthLife Fundamentals article.



Good Reads

- [Study Tips to Maximize Your Learning](#)
- [Certificate, Certification, License, and Designation](#)
- [Never Too Late to Complete Your College Degree](#)
- [Successful Online Learning Tips](#)
- [Four Tips to Overcome Procrastination](#)

