

# ATHLIFE

The Official Education Partner of The Trust

## Trust Scholarship Application Update

**The Trust Scholarship application is open!** Applications will now be reviewed on a rolling basis with award decisions made within one month of submission. Enrollment can start after you receive a scholarship award notification from the Trust. Schedule a call now with your AthLife Advisor to get started on the process.

## Spring 2025 Tuition Bill Instructions

Remember to submit your **Spring 2025 tuition bill/invoice**, along with your most recent grade report, to [scholarship@playerstrust.com](mailto:scholarship@playerstrust.com) now or before the end of the term. Please allow two weeks for the payment to process and contact Bella Pierre at the same email address with any tuition payment questions.

## College Homework Strategies

Completing your homework assignments may seem overwhelming, but it doesn't have to be difficult. Use the strategies below to make the process easier and improve as a student.

- **Create a study environment** that is quiet and free from distractions.
- **Plan at least a week ahead** and use a calendar for assignment due dates.
- **Start with your least favorite subject** to reduce anxiety and increase confidence.
- **Chunk your reading assignment** into smaller, more manageable units.
- **Plan a reward for yourself after** you have completed your assignment.



## Graduate Degree Exploration

Are you thinking about pursuing a graduate degree? Graduate school is a serious commitment on many different levels. Before deciding, consider these three questions to see if a graduate degree is right for you.

1. Do you know what graduate degree you plan to pursue and why?
2. Will a graduate degree help your career?
3. Are you prepared for the time commitment of graduate school?

Your AthLife Advisor supports your decision-making process and assists with program exploration. Schedule a time with your advisor to discuss options by clicking this [link](#).