

# ATHLIFE

SEPTEMBER 2025

**ATHLIFE IS THE OFFICIAL  
EDUCATION PARTNER OF**



## 2025 Trust Scholarship Application

- You may apply for **2025 enrollment** that begins **after** you receive a scholarship award notification from the Trust. Plan to apply for the scholarship **at least four weeks before** the start date of your classes or education program. The 2025 scholarship application **will close on October 31, 2025**.
- The Trust will review scholarship applications and make awards on a rolling basis, with scholarship application reviews conducted every two weeks. Scholarship award decisions are typically made within one month of submitting your application.

## Scholarship Renewals for 2026

- Scholarship award recipients in degree-seeking programs who have used their 2025 scholarship award will be automatically renewed for 2026 **for the same degree-seeking education program only**.
- Scholarship award recipients from 2025, in a certificate or vocational program that continues into 2026, **will need to reapply this fall**. More details to come on when the 2026 scholarship application will open.
- If you do not plan to use any of your 2025 scholarship award by December 15, 2025, it will expire. You will need to reapply for the scholarship for 2026 funding if you plan to take classes again in 2026.

Schedule a call now with your AthLife Advisor to get started on the scholarship application process or with any questions related to the Trust Scholarship.

## 5 Smart Study Tips

Studying smarter can make a big difference in your grades and help reduce stress. Try any of these tips to help make your study time more effective.

1. **Use the Pomodoro Method.** Set a timer for 25 minutes of focused study, then take a 5-minute break. This will help increase your concentration and productivity, while reducing distractions.
2. **Practice Active Recall.** Instead of just rereading notes, quiz yourself. Try to explain the material out loud or write it from memory, without looking at your notes. This increases long-term retention.
3. **Space Out Study Sessions.** Schedule your studying over several days, instead of cramming the night before an exam. Reviewing material multiple times over time helps you remember it.
4. **Change Study Environment.** Studying in different locations, such as a library, coffee shop, or even outdoors, can boost memory and focus by giving your brain new cues to recall information.
5. **Teach Someone Else.** Explaining concepts to a friend, family member, or study partner helps you to understand the material. If you can teach it to others, then you know it well.

**Submit Fall  
Tuition Bills  
NOW!**



- **You are responsible** for submitting your tuition bill to the Trust for **each term of enrollment** before the current term is completed.
- Please send a PDF of your official fall tuition bill to [scholarship@playerstrust.com](mailto:scholarship@playerstrust.com) **as soon as it is available**. Allow two weeks for the Trust to process the payment.
- You must also send a grade report to the Trust from your most recently completed term once it becomes available.

For any scholarship payment questions, please email **Daud Gantt-Bey** at [scholarship@playerstrust.com](mailto:scholarship@playerstrust.com).

